

## Potential of social networks in physical education enhancement

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### Abstract

In the modern world social networks has entered in the life of every student as a part of socializing concept. Quite a short time ago social networks are came as part of internet and now recognized and widely accepted for socializing online to doing business. Due to influential functionalities of social networks in very short span of time, it became popular and numbers of users are increased. Thanks to mobile technology which allows to access social networks at their fingertips. Therefore people are spending more time to online these services and which makes influence on society. Due to this reason social networks have various aspects such as telecommunication, marketing, education as well as politics.

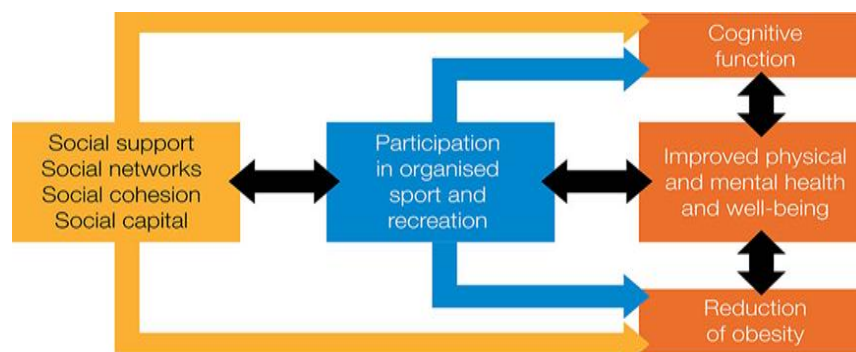
**Keywords:** social networks, networks in physical education

### 1. Introduction

In the modern world social networks has entered in the life of every student as a part of socializing concept. Quite a short time ago social networks are came as part of internet and now recognized and widely accepted for socializing online to doing business. Due to influential functionalities of social networks in very short span of time, it became popular and numbers of users are increased. Thanks to mobile technology which allows to access social networks at their fingertips. Therefore people are spending more time to online these services and which makes influence on society. Due to this

reason social networks have various aspects such as telecommunication, marketing, education as well as politics. Especially when we are talking about engineering and scientific education use of social media and technology is not new. But in physical education in India we have not found such trend. Therefore In this paper we advocate use of social networks in physical education.

In section (I) we completed with our Introduction part. Section (II) explains the idea of social networks. Section (III) argues about application of social networks in enhancement of physical education. In section (IV) we conclude with our observations.



**Fig 1**

### 2. Social Networks

Before happening ahead, it is necessary to first understand that what is meaning of social networks.

Social networking is a social or gathering which creates the relationship among groups of people who appear on the Internet as online community, which is virtual community. Such communities induce people to share knowledge, exchange ideas and experience etc.

The array of social networking sites is available on the internet. But at this juncture we would like to promote the use of facebook and google plus to enhance the physical education. The brief account of facebook and google plus is provided above for the understanding of the readers.

**Facebook:** Facebook is a popular social website. It has mainly four important parts viz. Info, wall, friends, and photos. In info, teacher or student creates personal profile which describing about the user. Wall section is devoted for sharing our experiences, knowledge, emotions and as well educational material in the form of text, images and video. In friends it shows the added friends of a person. Here we can create active discussions, quizzes. We can use face book as communication media, we can communicate through text and video.

**Google Plus:** Google plus is also one of popular website with interesting spectrum of features and application for physical education. User can create personal profile and can share our

knowledge and experiences with our peers. Here we can perform Text chatting, audio call through Google Talk and video calling through Hangout features of Google Plus. In google plus we can create different circles viz. Teachers, UG students, PG students, research scholars. Etc. This allows sharing appropriate content with respect to the student audience.



Fig 2

### 3. Application of Social Networks in Physical Education

We describe the uses and advantages of social networks namely facebook and google plus in the aforementioned paragraphs. In this section we would like to describe the application of social network in physical education enhancement.

As generation changing the interest of generation and need of an hour is also moving from one point to another. In the same way methods of teaching and learning also has to update with the changing time. In this 21 century, by looking towards the interest of youngsters at social networks like facebook and google plus we can utilize this for physical education enhancement. In the above few lines we have shown, possible utilization of Social networks in physical education.

- **Information sharing:** Credit to social networks, who made the information sharing is very easy. In facebook group or google plus circle, teacher can easily share the information with students regarding course, events etc. Instructor can post the course schedule, lecture notes with this, he can also upload or tag few videos which will be the part of assignment. For instance, a video of kicking football.
- **Document Management:** Document management is very important task for the person who is in academia. With the help of google plus services A teacher can create quizzes, assignments which can easy to share online. Research papers, Digital copies of theses and lecture notes can be incorporated in google docs easily.
- **Communication:** Facebook and google plus also facilitates real life conversation in three different media viz. text, audio and video. As per the choice of instructor any media can be utilized for communication with students or teacher vice versa.

In this way, social networks are useful in information sharing, document management and communication, for physical education.

### 4. Conclusion

We observe the popularity of social networks among the Youngsters and presented the use of social networking in physical education. Social networks and tools available with them, are facilitating the new teaching learning environment, which will goes towards collaboration, cooperation and co-creation. We also believe that social network will become very good media of informal academic communication between teachers and students. It will make them more comfort in the process of knowledge sharing in physical education. In this paper we advocate the use of Social Networks for physical education enhancement with its advantages.

In future, we devoted to make practical implementation of use of social network in physical education in our local habitat and make the investigation of its impact on enhancement of physical education.

### 5. References

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